CHC Time Blocking Template

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30							
7:00	Workout	Workout	Workout	Workout	Workout	Workout	Workout
7:30		Workout		Workout		Workout	
8:00							
8:30							
9:00					Coffee/Network		
9:30			Free				
10:00			Free		Free		
10:30							
11:00							
11:30		Lunch Walk		Lunch Walk			
Noon		Quoting		Quoting			
12:30	Lunch Walk		Lunch Walk		Lunch Network		
1:00				Joe's Call	Lunch Network		
1:30					Lunch Network		
2:00							
2:30		Free		Free			
3:00		Quoting		Quoting			
3:30	Free		Free				
4:00	Quoting		Quoting				
4:30							
5:00					Quoting		
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
Midnight							

3 hours
KickStart

30 Hours of dialing

1 hour
Meeting HST

Plan out next week and skim emails

8 hours
Quoting/Admin

2.5 Hours Network

Manager Call
Product Trainings
Unexpecteds
Commute
Shower
Dog
Loved Ones